

BREAST REDUCTION - EVALUATION AND CONSULTATION

PATIENT SIDE (FRONT) - please answer all questions

1. Today's date: _____ 2. Your name: _____
3. How old are you? _____ 4. Are you married or with a partner? Yes No
5. What is your job? _____
6. Describe your problem:
7. How many children have you had? _____
8. How many children did you breast feed for more than two weeks? _____
9. Did you have problems with breast feeding? no yes (describe)
11. How tall are you? _____ feet _____ inches 12. How much do you weigh? _____ lb.
13. What is your current cup? A B C D DD OTHER _____
14. What cup size would you like to be?
15. Have you had problems with the breast? no yes (describe below)
- breast biopsy that was normal fibrocystic disease other _____
16. Do you have a family history of breast cancer? No yes (describe)
- mother sister aunt (mother's sister) aunt (father's sister)
- grandmother (mother's mother) grandmother (father's mother)
17. Have you had a mammogram in the last year? no yes (describe)
- normal within last year abnormal within last year
18. Do you exercise regularly? no yes (describe)
- aerobic/running weight machine free weights other _____
19. Do you take hormones or birth control pills? no yes

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Patient name: _____

DR. HUDSON WILL COMPLETE THIS PAGE (BACK) - DO NOT ANSWER THESE QUESTIONS

Asymmetry: NO YES shape size: R larger left larger

NIPPLE: Nipple-SSN: R= L= Nipple diameter: R= L= discharge or bleeding: NO YES

Ptosis: NO YES Pseudo (nipple above crease but breast below)

nipple: 1 cm below crease (1) 1-3 cm below crease (2) >3 cm below crease (3)

SKIN: Stretch marks: NO YES Elasticity of skin: good poor

CHEST: Round-barrel-chest: NO YES Scoliosis: NO YES

Mass: NO R L location: _____

LNs: axillary : NO R L supraclavicular : NO R L

General Exam: BP significant abnormal findings: _____

PROBLEM: hypertrophy ptosis

RECOMMENDATION

Breast Reduction:

Traditional: pedicle type _____ free nipple graft

Traditional liposuction alone Traditional liposuction with mastopexy

Mastopexy alone: crescent periareolar lollipop inverted T

COMPLICATIONS

GENERAL: BRUISING • SWELLING • BLEEDING • INFECTION • NUMBNESS • LONG SCAR • THICK SCAR
ASYMMETRY • POOR HEALING • GA • NO GUARANTEE • THROMBOEMBOLISM (CLOTS) • STOP BCPS/HORMONES
SEROMA • HEMATOMA • LUMPINESS-HARDNESS • 90% SATISFACTION • MAMMOGRAPHY WORSE
NIPPLE LOSS • PUCKERING-NIPPLE SHAPE • BREAST SHAPE

TRADITIONAL: FAT NECROSIS • DOG EARS * BREAST WEBBING

LIPOSUCTION AND MASTOPEXY: POSITION OF BREAST • COMPROMISE

OTHER: SMOKING-SECOND HAND • INTERNET • FUTURE KNOWLEDGE DIFFERENT

OTHER _____

These issues were discussed with me by Dr. Hudson: _____ (patient initials) _____ (witness initials)

Date: _____