

EVALUATION FOR FACELIFT, BLEPHAROPLASTY, FOREHEAD LIFT, RESURFACING AND MEDICAL COSMETIC SURGERY  
Patrick Hudson MD PA, Plastic Surgery

PATIENT SIDE (FRONT) - please answer all questions and Fax (505 242 0060) or bring with you

1. Today's date: \_\_\_\_\_ 2. Your name: \_\_\_\_\_  
3. How old are you? \_\_\_\_\_ 4. Are you married? married single  
5. What is your job? \_\_\_\_\_  
6. What best describes your problem (you can circle more than one)?:

**Forehead:** transverse forehead lines deep lines between brows droopy brows

**Bagginess or loose skin of eyelids:** upper lower both

**Cheeks:** jowls "marionette" lines - corner of mouth creases between nose & mouth (nasolabial fold)

**Neck:** loose skin of neck fat pad under chin **fine lines:** around eyes around mouth other areas

**Other:** long earlobes droopiness of nose tip \_\_\_\_\_

7. How tall are you? \_\_\_\_ feet \_\_\_\_ inches 8. How much do you weigh? \_\_\_\_ lb.  
9. Do you have a history of thyroid disease? no yes When was the level last checked? \_\_\_\_\_  
10. Any recent emotional trauma e.g. divorce, death of a spouse, parent or friend, loss of job? no yes(describe)  
11. Have you had cosmetic surgery of the face before? no yes (describe what and when)  
12. Do you smoke? no yes (how many each day) \_\_\_\_ 13. Are you exposed to second hand smoke? no yes  
14. Do you suffer from dry eyes or have eye problems? no yes (describe)  
16. Do you suffer from high blood pressure? no yes (describe treatment)

For male patients only:

17. When you shave what type of razor do you use? safety electric

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DR. HUDSON WILL COMPLETE THIS PAGE (BACK) - **DO NOT ANSWER THESE QUESTIONS**

**FOREHEAD:** no lines • transverse lines • glabellar lines **hair line:** high • low **hair density:** thick • thin

**EYELIDS upper:** excess skin • fat • bulging lateral (lacrimal gland) **Brow ptosis:** yes no

**lower:** excess skin • fat • muscle hypertrophy • scleral show • ectropion • entropion

**EYES:** vision ok • poor mobility • redness • sunken

**CHEEKS:** scars • malar bags • NL full • jowls • marionette • **obesity:** diffuse local

prominent submandibular gland

**VII nerve ok?** Y N

**NECK:** excess skin • fat pad • platysma bands • hyoid low

**SKIN:** scars • mastoid surgery • acne scars • thick texture • open pores • pigment • plethoric

**FINE LINES:** diffuse • mouth • lower lid-crow's feet

#### RECOMMENDATIONS

**Facelift:** short limb • mixed • superficial • SMAS • deep • platysmal bands • NL suction • anterior tragus scar

**Forehead Lift:** coronal • hairline • endoscopic • temple

**Blepharoplasty:** both • upper • lower • lower transconjunctival

**Resurfacing:** full • lower lid-crow's • around mouth • arm • hand **Method:** peel (TCA) • laser • sanding

**Medical:** maintenance • botox • collagen • hyfercator • goretex **Lip enhancement:** filler • fat • goretex

#### COMPLICATIONS

bruising • swelling • bleeding • infection • numbness • scar • asymmetry • poor healing • VII N palsy  
ectropion (pulling down eyelid) • eye dryness • dissatisfaction (2nd OP) • early recurrence • neck suction  
puckering • lobe-tragus problems • hair loss • hair line change • pigment change

#### MEN

bleeding increased • shaving

#### OTHER

GA • No Guarantee • BCPs • thromboembolism (clots) • internet • skin loss (smoker) • 2nd hand smoke • other

These issues were discussed with me by Dr. Hudson: \_\_\_\_\_ (patient initials) \_\_\_\_\_ (witness initials)

Date: \_\_\_\_\_